

Actif Woods Wales Spring Celebrations

Join us to celebrate Actif Woods Wales in your local area, and help shape the future of woodland health and wellbeing activities locally. Celebration event activities:

- Woodland workshops
- Enjoy free campfire cooking
- Hear inspiring stories
- Share your ideas and
- Help shape Actif Woods Wales plans

These Coed Lleol (Small Woods Wales) local celebration events are for community organisations and individuals already involved in our Actif Woods Wales programme, and those who wish to get involved (e.g. new participants, public health professionals, job centres, carer organisations, woodland managers).

MARCH 2019

Wrexham - 6th

Flintshire - 12th

Merthyr Tydfil - 14th

Neath Port Talbot - 26th

Gwynedd - 28th

Anglesey - 29th



APRIL 2019

RCT - 5th

Ceredigion - 11th

To book a place - contact a Woodland Mentor in your local area: www.coedlleol.org.uk

Actif Woods Wales
Coed Actif Cymru

Getting healthy the woodland way
Ffordd y goedwig o gadw'n iach

Getting Healthy the Woodland Way



Coed Lleol



ActifWoodsWales