

TREHERBERT – 7TH NOVEMBER 2014

Actif Woods Wales (AWW) Autumn Seminar

Valleys Kids, Penyreglen Project, 53 – 56 Corbett Street, Treherbert, RCT

For health professionals, organisations and individuals with an interest in linking health care with the natural environment

Woodland Activities and Demonstrations

Stakeholder Discussion Workshop



Agenda from 10.00 am until 15.30

10am Arrive, tea and coffee

Morning Seminar

- Natural Resources Wales and the AWW project – *Barbara Anglezarke, NRW*
- Actif Woods Wales mid project update - *Amie Andrews (AWW Project Coordinator), Jo Cooper (AWW Assistant Coordinator), Maggie Eley (AWW Project Officer Neath/Port Talbot), Anna Stickland (AWW Project Officer Treherbert) and Ian Thomas (Welcome To Our Woods)*
- How has the project improved health and well-being? - *Kate Hamilton (AWW Research and Training officer) and Debbie Clayton (Cardiff MET University)*

What we've learned so far through:

- project monitoring
- participant feedback and
- a study by Cardiff Metropolitan University

Woodland Activity Demonstrations

- Woodland art session – *Nancy Evans (Artis Community)*
- Green Gym – *Martyn Broughton (AWW Activity Leader, Treherbert)*
- Bushcraft demonstration – *Dryad Bushcraft*

Lunch (provided)

Afternoon Stakeholder Workshop – *Sue Pritchard, (AWW External Evaluator) and Kate Hamilton (AWW Research and Training officer)*

- How has the Actif Woods Wales impacted on the local area?
- Outcomes – both expected and unexpected
- How will Actif Woods Wales ensure sustainability beyond 2016?

3.30 End