



## **Actif Woods Wales Volunteer**

*An exciting opportunity to improve people's health and wellbeing by volunteering with 'Actif Woods Wales' woodland groups in Aberystwyth*

**Expenses paid and some training offered.**

**2 hour woodland activity session plus travel time**

**Development opportunities to become an assistant leader may be available**

***Please see the Volunteer Role Description for more information***

Deadline: 16<sup>th</sup> October 2014. Please send completed application forms to  
jocooper@smallwoods.org.uk